Important information for Juniors….

**Rocky Mount High School website:**
Student Services Announcements, Opportunities, & Scholarships: [www.nrms.k12.nc.us/domain/32](http://www.nrms.k12.nc.us/domain/32)
Click on “Student Services” and then follow the links on the left.

Investigate careers, explore colleges, and get SAT & ACT Test prep at:
[www.cfnc.org](http://www.cfnc.org) …CFNC is your College Connection IN NC!!!!!

If you have never set up a [www.cfnc.org](http://www.cfnc.org) account, set one up! If you cannot get into your account for some reason, your Counselor or College Advisor can help. Also, we can track your progress in this and offer help along the way!

Please take the following steps once you set up your [cfnc.org](http://cfnc.org) account…

1) **Know Yourself:** Begin your college and career planning by choosing the “Plan” tab, and select “for A Career”. Choose the section on “Learn About Yourself”, and choose the “Interest Profiler”. The Interest Profiler takes just a few minutes, and can help you explore some career ideas that might fit with your interests. It is a great step toward happiness for people to find a career that fits with what they like! While in this part of the site, you may want to try some of the other surveys and assessments. The results can be enlightening and…actually fun.

2) **Connect to what is in the world:** Take some of the career options that you discovered as possible fits for you over to the “Plan” “for College” tab. Choose “Explore Programs and Majors”. Choose the career area category of the careers in which you have interest. Explore the related Majors. A “Major” is the area in which you could get a college degree that can prepare and help you become qualified for your career choice. Check out any Majors that fit with what you want to become. You can then link over at the left for the list of colleges in NC that offer each program. Click on each college for an overview of that college, and take links and learn all about that place! This will help you know which colleges to target for application next year.

3) **Make it Happen for YOU:** Another big part of planning for college is trying to maximize your grades and your standardized test scores. To improve grades, work with your teachers, attend school each day, study, and try your best to succeed, and yes…strive for excellence! The test score side will require for you to do some prep before that **big ACT in February (that all RMHS Juniors will take)**. Take advantage of the Edmentum ACT test prep that will be discussed in Connections. Also, in your CFNC account, you can Go to “Plan” “for College” and click on “College Test Prep”. Choose “ACT” at the right. From there you can link to “test tips,” “Exam Information,” “Question of the Day,” “Word of the Day,” “Sample Tests”, and practice in each section of the test. There is a simple and obvious truth: **STUDENTS WHO TAKE TIME TO PREPARE FOR THE ACT WILL DO BETTER ON IT!** Why not take some time and really do this? We have included the dates and registration information on this handout for the actual ACT and SAT tests. All Juniors will take the February ACT, and we would like for 4 year college bound Juniors also to prepare and take the SAT before the end of the Junior year.

4) **Be ready to apply for College in the FALL of your Senior Year** (MEET THE DEADLINES!!!!): If you follow through on the 3 steps above, you will have a clear idea of how to get to college and you will not have to be scrambling and stressing…. You will have figured out some fitting career choices, you will know where to go after graduation to get the college credentials (Major) for your career choices, you will have demonstrated your achievement in your Junior year courses, you will have prepared for the required tests, and you will have received strong scores before the senior year even begins!!

5) If you are hungry for a complete guide of things to do in the 11th grade to help prepare for college, go to “Plan for College” tab, then “Prepare for College”, then “College Planning Timeline”, and choose 11th grade.
2 websites where you will need accounts - and the differences between them-
KEEP UP WITH USERNAMES AND PASSWORDS!!!!!

www.CFNC.ORG
www.Collegeboard.org

| Connect to & investigate all colleges in NC & other states through the connection with Pearson | Register to take the SAT |
| ACT and SAT free practice and prep | Free practice for SAT only – Khan Academy connection |
| Actually apply to college in SENIOR year on this website | Investigate colleges in other states in another format- Collegeboard collects some different info |
| Send your High School Transcript to colleges in NC (12th grade) | Send your SAT score to colleges |

Test Dates

The SAT and ACT tests have fees, except for the 11th grade School-wide ACT test in the spring of the Junior year. Students who qualify by the family income guidelines can get up to two fee waivers for each test. (2-ACT, 2-SAT, 2-SAT Subject tests). Waivers are available from the College Adviser or your Counselor. Registration is required if you wish to take a test and registration is online. Community Colleges DO NOT require the SAT, and will provide an opportunity for students to take a free placement test.

**RMHS SCHOOL CODE = 343375**

11th graders in NC all take the ACT on February 20, 2019 at school. Be sure to select the colleges you are interested in to receive your score. If you do not list them when you take the test, you will have to pay to send scores later.

After you receive your score, please go to www.actstudent.org and set up your account!

**ACT**

Students are advised to list ACT PLUS WRITING when registering, unless your college choices do not require the writing part- check carefully.

www.actstudent.org

<table>
<thead>
<tr>
<th>Test Date</th>
<th>2018-19 ACT Test Dates &amp; Registration Deadlines</th>
<th>Late Registration Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 27, 2018</td>
<td>September 28, 2018</td>
<td>September 29 - October 14, 2018</td>
</tr>
<tr>
<td>December 8, 2018</td>
<td>November 2, 2018</td>
<td>November 3-19, 2018</td>
</tr>
<tr>
<td>February 9, 2019*</td>
<td>January 11, 2019</td>
<td>January 12-18, 2019</td>
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<tr>
<td>February 20, 2019</td>
<td>School wide 11th grade</td>
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<tr>
<td>April 13, 2019</td>
<td>March 8, 2019</td>
<td>March 9-25, 2019</td>
</tr>
</tbody>
</table>

The ACT is administered ONLY for our Juniors on our campus each spring at the end of February in the state-wide testing program. The dates above are the national test dates, and are administered at locations across the country. Administrations other than the State wide test of the ACT are in other cities, NOT Rocky Mount. If you use an ACT score for college admission, keep in mind that all of the UNC System Universities and many private colleges would want the version of the test that includes WRITING.
SAT
Our SAT test center code is 34-700
www.collegeboard.org

SAT Test Dates 2018-19

<table>
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<th>Test Date</th>
<th>Registration Deadline</th>
<th>Late Deadline (extra fee)</th>
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<tr>
<td>October 6, 2018</td>
<td>September 7, 2018</td>
<td>September 26, 2018</td>
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<tr>
<td>November 3, 2018</td>
<td>October 5, 2018</td>
<td>October 24, 2018</td>
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<tr>
<td>December 1, 2018</td>
<td>November 2, 2018</td>
<td>November 20, 2018</td>
</tr>
<tr>
<td>March 9, 2019</td>
<td>February 8, 2019</td>
<td>February 27, 2019</td>
</tr>
<tr>
<td>May 4, 2019</td>
<td>April 5, 2019</td>
<td>April 24, 2019</td>
</tr>
<tr>
<td>June 1, 2019</td>
<td>May 3, 2019</td>
<td>May 22, 2019</td>
</tr>
</tbody>
</table>

4-year college bound Seniors are advised to take fall tests if possible, as it takes about a month for colleges to know they have received scores, and many campuses will fill up quickly. The cfnc.org website has a chart with all of the college application deadlines. Keep in mind that it takes some time for the scores to be available. The SAT is administered on our campus most dates. The most Selective Colleges and Universities often also require some of the SAT Subject Tests (Duke, UNC-CH, NC State…). Go to the College’s website in the Admissions section to see if these are required.

When registering for either test, be sure to list the colleges to which you are applying to RECEIVE your scores! If you wait to send the scores after the test, there is a fee you will have to pay!

MINIMUM COURSE REQUIREMENTS
For UNC System Campuses

In addition to the requirement that students should hold a high school diploma or its equivalent, the University of North Carolina Board of Governors has, since 1988, established minimum course requirements for undergraduate admission. Basically, students who are taking the regular Future Ready Core Curriculum and adding the two levels of Foreign Language are taking the right courses for consideration. The main confusion usually is in the area of Math, and the requirements are to take math through the Advanced Functions, or Pre-Calculus level. Taking the courses does not guarantee admission, and some campuses are much harder to be accepted into than others.

NC A&T State | UNC Pembroke | UNC Greensboro | UNC Chapel Hill
NC State | UNC Asheville | Western Carolina | UNC Wilmington
NC Central | UNC Charlotte | Appalachian State | Winston-Salem State
East Carolina | Fayetteville State | Elizabeth City State | NC School of the Arts

**UNC Campuses Minimum Admissions Requirements Regarding High School GPA and SAT or ACT scores:** All applicants for first-time admission as freshmen must meet minimum GPA, and SAT or ACT scores. The minimum combined **OLD SAT Score** when you add ONLY the **Reading plus Math SAT minimum is 880** (or ACT Composite 17).
The minimum high school GPA requirement is now **2.5** for the UNC System schools. Meeting these requirements does NOT guarantee admission.

Many details for the schools are on [www.cfnc.org](http://www.cfnc.org) and for complete details on the UNC System Campuses, go to [http://www.northcarolina.edu](http://www.northcarolina.edu).
North Carolina’s Independent Colleges and Universities

Requirements for North Carolina’s Independent Colleges and Universities vary. If the UNC System requirements or programs do not fit for you, there are many private institutions that would consider you for admission. There are 36 different Independent colleges in NC. Check them out on www.cfnc.org or go to www.ncicu.org for complete details and connections to these colleges. You can apply for any of these through www.cfnc.org.

North Carolina’s Community Colleges

The mission of the North Carolina Community College System is to open the door to high-quality, accessible educational opportunities that minimize barriers to post-secondary education, maximize student success, develop a globally and multi-culturally competent workforce, and improve the lives and well being of N.C. citizens. For many programs the requirement for consideration is earning a High School Diploma.

Community colleges in North Carolina are within a 30-minute drive of its citizens. Close to 850,000 students, or 1 in 8 N.C. citizens 18 and up, enrolled in classes at one of the 58 community colleges during 2009-10. The N.C. Community College System is the third largest in the nation based on number of colleges. Historically, N.C. has had the lowest tuition in the Southeast Region — one of the lowest in the nation.

Go to www.cfnc.org and http://www.nccommunitycolleges.edu for complete details!

OPPORTUNITIES, SCHOLARSHIPS AND FINANCIAL AID info on RMHS Website (and links)

Many free scholarship search websites have emerged (like www.fastweb.com ) that can really help you connect to scholarship opportunities. You can also use search engines like www.google.com or www.yahoo.com to help you search. As a rule, NEVER pay for scholarship search assistance. Virtually all state, regional, and national scholarship programs can be found with just a little effort surfing the web or linking through the websites below. Many local opportunities will be advertised in the daily bulletin, or sent to you through your Counselor’s group of student emails. With all opportunities, pay close attention to eligibility requirements, procedures, and deadlines! Good luck!

For the Gryphon Opportunities and Scholarship List, go to the Rocky Mount High School website: Start at NRMPS website and select our school or go to www.nrms.k12.nc.us/domain/32

Click on “Student Services” tab
Click on “Scholarship Info” on left
Click on “2018-19 Announcements and Opportunities (all grades)
This part of the website is for 9th, 10th, and 11th grade opportunities- this includes summer programs!
Click on “Scholarships & SENIOR Opportunities” to get info about what will be out there for your SENIOR YEAR- most postings are just for current seniors, but each year similar items are posted.

North Carolina Statewide Scholarship Programs (at www.cfnc.org)

National Scholarship Searches & Quick Links

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<tr>
<th>Fastweb</th>
<th>scholarships.com</th>
<th><a href="http://www.scholarshipproviders.org">www.scholarshipproviders.org</a></th>
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<tr>
<td>NextSTEP Magazine</td>
<td><a href="http://www.cfnc.org">www.cfnc.org</a></td>
<td><a href="http://www.nasfaa.org">www.nasfaa.org</a></td>
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